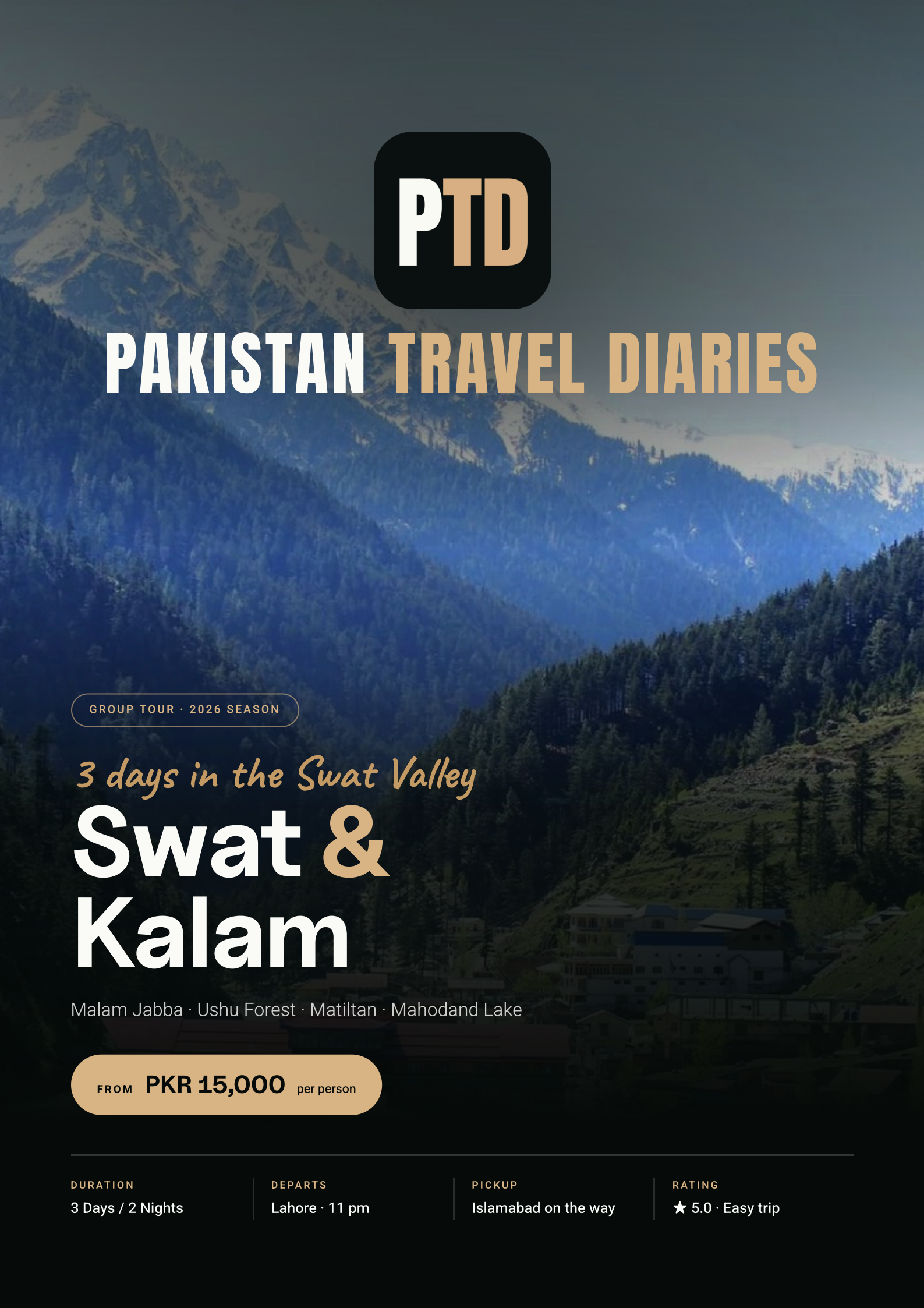


PTD

PAKISTAN TRAVEL DIARIES

GROUP TOUR · 2026 SEASON

3 days in the Swat Valley

Swat & Kalam

Malam Jabba · Ushu Forest · Matiltan · Mahodand Lake

FROM **PKR 15,000** per person

DURATION	DEPARTS	PICKUP	RATING
3 Days / 2 Nights	Lahore · 11 pm	Islamabad on the way	★ 5.0 · Easy trip



The trip at a glance

Two nights in Kalam, one long weekend.

Our standard Swat group tour leaves Lahore overnight so you wake up in the valley with a full day ahead. You ride the slopes at **Malam Jabba**, walk under the pines of **Ushu Forest**, take a jeep up to **Mahodand Lake**, and spend both nights in **Kalam** beside the Swat River, with a BBQ and bonfire to close the trip.

NIGHT 0	DAY 1		DAY 2			DAY 3	
Lahore	Mingora	Malam Jabba	Kalam	Ushu Forest	Mahodand Lake	Islamabad	Lahore

- Breakfast in Mingora on arrival
- Malam Jabba ski slopes, optional chairlift
- Two nights in Kalam by the Swat River
- Ushu Forest, Paloga Valley & Matiltan
- Jeep track to Mahodand Lake
- Kalam Bazaar and a BBQ bonfire night

Package prices

PKR · 2026

Adult, from Lahore Room shared by 4 to 5 people	15,000
Adult, joining in Islamabad Same price, picked up on the way	15,000
Child, 3 to 9 years	10,500
Child under 3	Free
Couple, private room Total for two people	35,000

VEHICLE Toyota Coaster	DIFFICULTY Easy
STAY Standard hotel, Kalam	ROOMS 4 to 5 people per room
MEALS Breakfast & dinner	GUIDE With the group throughout
SEASON October to February	MAHODAND When the track is open

Day by day

The itinerary

Times are a guide and can shift with the road and the weather.



Night 0 DEPARTURE

Lahore to Swat, overnight

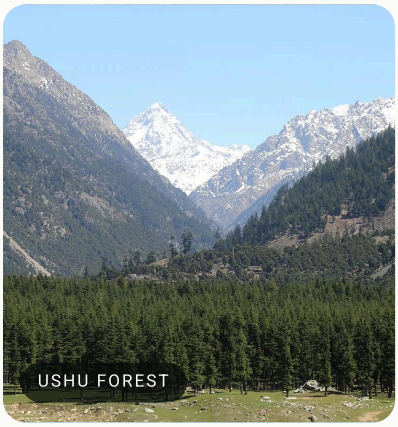
- The coaster leaves Lahore at **11 pm** from **Thokar Niaz Baig** or **Barkat Market**.
- Islamabad guests are picked up on the way, near the motorway or GT Road.
- Short rest stop of about 30 minutes at **Bhera** or **Kalar Kahar** rest area.
- Sleep on the coaster and wake up in the Swat Valley.



Day 01 MINGORA · MALAM JABBA · KALAM

Ski slopes, then up the valley

- Breakfast in **Mingora**, the main town of Swat.
- Drive up to the **Malam Jabba** ski resort. Chairlift, zipline and other rides SELF-PAID
- Afternoon drive up the valley past Bahrain to **Kalam**.
- Check in, dinner and night stay at the hotel in Kalam.



Day 02 USHU · MATILTAN · MAHODAND

Forests, glaciers and the lake

- Early breakfast at the hotel.
- **Ushu Forest**, **Paloga Valley** and **Matiltan**.
- Local jeeps up the track to **Mahodand Lake**, about 35 km and 1.5 to 2 hours each way. JEEP EXTRA
- **Saifullah Lake** too, if the track allows.
- Evening in **Kalam Bazaar**, then a **BBQ night** with a bonfire and music. Night in Kalam.



Day 03 RETURN

Back to Islamabad and Lahore

- Breakfast at the hotel, then leave Kalam at around **10 am**.
- Short stops on the way down the valley.
- Islamabad guests are dropped in Islamabad.
- The coaster reaches Lahore at around **11 pm**.

ⓘ **Mahodand and Saifullah Lake** depend on snow on the jeep track and are visited only when it is open. If a road or track is closed, the guide picks an alternative stop for the day with the group.

The full package

What's included

Everything covered by the price, and the few things to budget for separately.

Included

- ✓ Toyota Coaster from Lahore, with pickup in Islamabad
- ✓ 2 nights in a standard hotel in Kalam, 4 to 5 people per room
- ✓ Breakfast and dinner as per the itinerary (one-dish buffet)
- ✓ BBQ night with a bonfire and music
- ✓ Fuel, tolls, parking, and the driver's and guide's own costs
- ✓ Tour guide with the group throughout
- ✓ Basic first aid kit

Not included

- ✗ Lunch
- ✗ Snacks, bottled water and soft drinks between meals
- ✗ Jeep to Mahodand Lake (current fare shared when you book)
- ✗ Malam Jabba chairlift, zipline and other rides
- ✗ Laundry, phone calls, shopping and personal expenses
- ✗ Travel insurance
- ✗ Extra hotel nights and meals if a landslide or road closure makes the trip longer
- ✗ Tips for the driver and guide (optional)

On the road

Meals on this tour

BREAKFAST

Anda (egg), paratha, chai and channay.

DINNER

Chicken karahi with naan or roti, raita, salad and a cold drink. One-dish buffet, unlimited.

BBQ NIGHT

Chicken BBQ (leg or chest piece) around a bonfire on Day 2.

NOT INCLUDED

LUNCH

We stop at a restaurant on the way, and you pay for your own.

Breakfast and dinner are one-dish buffets. Dinner is unlimited.



WHERE YOU STAY

Standard hotel in Kalam

Booked by availability for your dates. We confirm the hotel name a few days before departure.

Nights	2, both in Kalam
Rooms	Shared, 4 to 5 people
Private room	Couples, PKR 35,000

Before you go

What to pack

DOCUMENTS

Original CNIC for every traveller, and a B-form for children.

LUGGAGE

One bag of about 10 kg and a small backpack for the day. Less luggage means less packing and unpacking.

CLOTHES

A warm jacket even in summer, 2 to 3 changes of clothes and comfortable walking shoes.

ALSO BRING

Toiletries · Water bottle · Raincoat or umbrella · Cap · Sunscreen · Medicines · Power bank · Extension lead · Shawl or warm cap

For booked travellers

Traveller instructions

01 **Departure details** such as the hotel name and your guide's contact number are shared a few days before departure. After that, stay in touch with your guide directly.

02 **Be on time.** The coaster can wait about 15 minutes at the pickup point, then it leaves, and a missed departure counts as a no-show.

03 **Running late?** Call or WhatsApp us straight away on +92 311 1696777.

04 **Carry your original CNIC** throughout the trip, and a B-form for children.

05 **Foreign nationals** need a valid passport and Pakistani visa. Tell us your nationality when you book.

06 **Tell us before booking** about any medical condition, pregnancy or difficulty walking, so we can advise you.

07 **Follow the guide and drivers** on jeep tracks, at lakes and at viewpoints.

08 **Travel like a family.** We share coasters, hotels and jeeps, and pass through conservative areas, so respect your fellow travellers and the locals.

09 **Weapons and drugs** are not allowed on any tour.

10 **Keep your valuables with you.** We are not responsible for lost personal belongings.

Travellers' voices

★ 5.0 from our guests

★★★★★

"The places they showed us were eye catching and wonderful. The food and the accommodation were 10/10."

Mah Noor Malik
VERIFIED TRAVELLER

★★★★★

"I travelled to Swat, Kalam, Mahodand Lake and all the nearby places and everything was perfect: the residency, the food, the tour guidance."

Ambreen Tanveer
VERIFIED TRAVELLER

★★★★★

"Good services at a reasonable price. The team is cooperative, helpful and an on-the-spot problem solver."

Syed Qasim Ali
VERIFIED TRAVELLER

Booking & payment

How booking works

STEP 1 · ADVANCE

30%

A 30% advance confirms your seat. The balance is paid at departure.

STEP 2 · PAY

3 ways

Bank transfer, JazzCash, or cash at our Lahore office. Account details are shared on WhatsApp.

STEP 3 · CONFIRM

Before you go

Hotel name, pickup point and guide contact are shared a few days before departure.

If plans change

Refund & cancellation

75%	50%	0%	0%
REFUND	REFUND	NO REFUND	NO REFUND
Cancel more than 7 days before departure	Cancel 5 to 7 days before departure	Cancel in the last 4 days before departure	No-shows and missed departures

To cancel, message or call us. The date we receive your message is the date we use for the refund, paid back by the same method you used to pay.

Leaving the tour early

The days you miss are not refunded, and the trip home from there is at your own cost.

If we cancel

A group tour runs only when enough people book it. If we cancel before departure, move to another date or take a full refund.

Weather and road closures

Snow, landslides or floods can close mountain roads. We may change the route, the order of days or the hotel to keep the group safe. Days lost after the tour starts cannot be refunded.

Longer trips

If a landslide, flood or road closure keeps the group on the road longer than planned, extra hotel nights and meals are paid by guests.

Fuel price

Prices are set at the current fuel price. If fuel goes up sharply before departure, we may add the difference and tell you before you travel.

Conduct

We may ask a traveller to leave a tour, without a refund, if their behaviour puts others at risk or breaks local law.

Good to know

Quick answers

How far is Swat from Lahore?

Mingora is about 7 hours from Lahore on the M-2 and Swat Motorway, and Kalam is about 3 hours above Mingora. That is why we drive overnight.

When is the best time to go?

October to February. Expect autumn colours early in the season and snow at Malam Jabba and Kalam in winter. Mahodand Lake is visited only when the jeep track is open.

Full terms: traveldiaries.pk/terms-and-conditions

Trusted by

Groups we've travelled with

Universities, medical colleges, schools, banks and companies across Pakistan plan their trips with us.

CMH LAHORE

KING EDWARD MEDICAL UNIVERSITY

NISHTAR MEDICAL UNIVERSITY

UNIVERSITY OF THE PUNJAB

UNIVERSITY OF LAHORE

FORMAN CHRISTIAN COLLEGE

ALLIED SCHOOL

LAHORE BAR ASSOCIATION

MAYO HOSPITAL, LAHORE

CHANDKA MEDICAL COLLEGE

HAMDARD UNIVERSITY

Beaconhouse

DISCOVERY CENTRE

CREDOCOLLEGE

RMC

VERITAS

PAKISTAN SOCIETY OF NEUROSURGEONS

HBL

AlliedBank

NBP FUNDS

Roche

Getz pharma

Martin Dow

Hiranis

Dawood Hercules

systems

Securiti AI

techlogix

KODE:LABS

Astera

NEXTGEN

LOGICOSE

multinet

Skyfit International

Leopards

5000+
HAPPY CUSTOMERS

2000+
TOURS COMPLETED

100+
PARTNERS IN PAKISTAN

★ 5.0
GUEST RATING



MAHODAND LAKE, USHU VALLEY

Ready to write your own travel diary?

Message us for the next departure date. We confirm your seat, pickup point and hotel on WhatsApp.

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PAKISTAN TRAVEL DIARIES

It's beautiful, it's Pakistan